



Measuring your pulse rate with Tim & Moby

Record your results from the Heart Rate experiment in the spaces provided then answer the questions on the POP Spot post.

You should record your results in beats per minute or BPM.

My resting pulse rate:

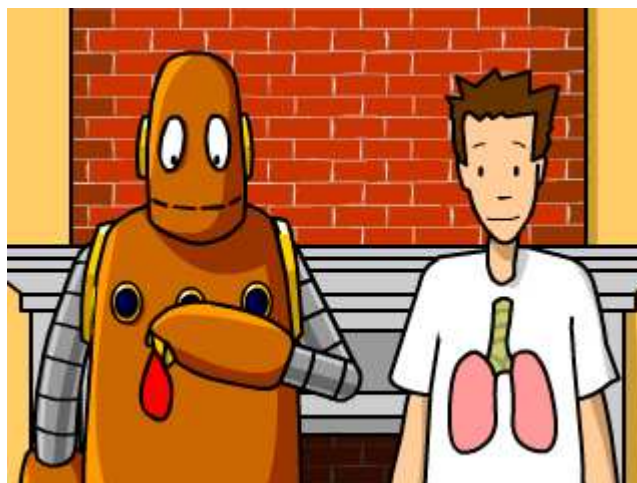
My partner's resting pulse rate:

My pulse rate after 1 minute of activity:

My partner's pulse rate after 1 minute of activity:

My pulse rate after 1 minute of rest:

My partner's pulse rate after 1 minute of rest:



<http://www.brainpop.co.uk/blog/2010/07/spotlight-on-bodypopping>